

WE CAN'T BE BEAT...

Starting point:

If you have not heard the sermon, please take the time to go to our website www.vcfj.org and listen to it BEFORE you start this small group lesson. It will allow you to take notes along the way and be ready for the questions at hand. Remember, this is not an exercise but rather a group discussion to help you on our Journey to Greatness. May the Lord bless your faithfulness.

Overview

- Pastor recapped last week's message (*Gal. 5:1-6*) to help us for this week's message.
 - What are the three Foundational Statements in *Gal. 5:1*?
 - What is the definition of Legalism?
- What does Paul mean when he says, "we have to stand firm?"
- What is the analogy Paul uses in *verse 7* and what is he telling the Galatians and us by using this analogy?
- There are hindrances that we face as we "run our race."
- Who places these in our path?
- What does *Cor. 10:13* tell us about the hindrances?
- What do we learn from *2 Tim 4:6-8* about what happens when our race ends and we are ready to leave this world?

Remember, winning your race has REQUIREMENTS

Heb. 12:1

- What does *Heb. 12:1* tell us about running the race that is before us?
- What else do we learn about our race from *1 Cor. 9:24-27*?
- Pastor shared the three requirements to run the race of faith well.
- Discuss what we must do to be INTENTIONAL. (*Heb. 2:1*)
- Discuss what we must do to be FOCUSED. (*Heb. 12:1b-2, Rom 14:23*)
- Discuss what we must do to be DISCIPLINED.

Remember winning your race needs MOTIVATION

Heb. 12:1

- What does *Heb. 12:1* also tell us about who we are surrounded by as we run the race?
Why are they there?
- *Heb. 11* is filled with saints that have gone before us and finished the race of faith.
Discuss what can we learn from their life stories.
- Why are the Old Testament Saints cheering us on to finish the race?
- Pastor shared that there will be temporary losses when we run our race with Jesus.
What do we learn from the story Jesus tells in *Luke 14:25-33* to help us as we sign on for the race?

APPLICATION

- In *Gal. 5:10* Paul is urging the Galatians to get back into the race.
- How are you doing with your race of faith?
- What hindrances or temptations do you face that slow you down in your race of faith?
- What can you do when you see a hindrance coming?
- Do you have a prayer partner to help you when you need help moving on in the race?